



**PLEASE PRINT IN BLOCK LETTERS**

**REGISTER ONLINE UNTIL 5/2/19 [www.runtheverdugos.com](http://www.runtheverdugos.com)**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Street Address \_\_\_\_\_

Apt. No. \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ Sex: Male \_\_\_\_\_ Female \_\_\_\_\_ Discount Code \_\_\_\_\_

How I Heard About This Event \_\_\_\_\_

Emergency Contact (day of event) Name \_\_\_\_\_ Phone \_\_\_\_\_

**T-SHIRT SIZE**

Women's XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_  
Men's/Unisex XS \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

**ENTRY FEE (includes T-shirt)**

Early Registration	Regular Registration	Regular Registration	Race Day
January 10-February 28, 2019	March 1-31, 2019	April 1-26, 2019	May 5, 2019
\$30	\$35	\$40	\$45

**PAYMENT (No Refunds – See Other Terms and Conditions)**

Return completed registration form, signed liabilities waiver(s), and check made payable to:

**City of Glendale**  
**ATTN: Verdugo10K 1401 N. Verdugo Rd. Glendale, CA 91208**

**TOTAL ENCLOSED:** \$ \_\_\_\_\_ (Do not send cash)

**OTHER TERMS & CONDITIONS**

I acknowledge and agree that I am responsible for paying all costs and expenses that are incurred if I require medical treatment, including, but not limited to, emergency ground or air evacuation from the race course. I understand that the event will take place rain or shine at the Race Director's discretion. The race may also be postponed due to natural hazards uncontrollable by the Race Director.

I also understand the entry fee is non-refundable and non-transferable. If the race is canceled or postponed for any reason, the event organizers will make an effort to reschedule the race to another date and/or course of their choosing. My entry fee will be applied to the rescheduled date. If I cannot participate on the rescheduled date, I agree that I will not receive a refund or a credit for any future race.

I hereby grant to the City of Glendale:

- (1) Full permission to record my performance in this race on film, videotape, still photography, or other media for the City's use without compensation to me; and
- (2) The exclusive right to:
  - (a) Keep and reproduce photographs, negatives, and recordings, or any part of them, by any method; and
  - (b) Distribute, sell, or lease the photographs and recordings— or license or allow others to do so— for advertising or non-commercial purposes, as the City may deem necessary or advisable.

No dogs or strollers will be allowed in this event.

If I chose to wear a personal listening device I agree to set the volume low enough, or wear it with one earphone off, so that I can hear runners attempting to pass or the instructions of race staff.

I agree to follow the instructions of the race staff to help ensure my safety and the safety of others

**THIS APPLICATION IS NOT COMPLETE UNLESS SIGNED LIABILITY WAIVER(S) IS (ARE) INCLUDED.**

Signature of Runner or Parent for Child Under 18 Years of Age

Date

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CITY OF GLENDALE  
COMMUNITY SERVICES & PARKS DEPARTMENT  
**2019 VERDUGO MOUNTAINS 10K TRAIL RUN & HIKE**

**PARTICIPANT'S:  
RELEASE OF LIABILITY & INDEMNITY AGREEMENT**

I, \_\_\_\_\_, acknowledge that I have voluntarily applied to participate in the 2019 Verdugo Mountains 10K Trail Run & Hike— a race event in the Verdugo Mountains, on May 5, 2019, from 6:00 a.m. to 12:00 noon (“the Race”), co-sponsored by the City of Glendale’s Community Services & Parks Department (“the City”) and the Glendale Parks & Open Space Foundation (“the Foundation”).

I understand and agree that I will be running and hiking in the Race, which will take place outdoors— in the Verdugo Mountains— on hiking trails, fire roads, or other “off-trail” areas which often contain steep and uneven natural surfaces. Running and hiking in those areas have risks, including (but not limited to) the risk of: falling; heat exhaustion; cold or hot weather conditions; insect or animal bites; poisonous plants; cuts and scrapes; falling rocks or trees; and collision with other runners, hikers, spectators, motor vehicles, or fixed objects. The City will offer a shuttle or van, operated by a private firm, which I may ride to and from the finish line. I understand and acknowledge that RaceWire LLC (“RaceWire”) will time me in the Race. I agree to bring drinking water and food, and to wear my own protective body clothing and closed-toe shoes for trail running and hiking.

I represent that: (1) I am in good physical condition and emotional health; (2) I am not suffering from any condition, disease, or disability that can hinder or endanger my participation in the Race; (3) a licensed medical doctor has examined me, and I am qualified to participate in trail running and hiking; (4) I have sufficiently trained for this Race; and (5) I am capable of participating in the Race without accommodation. **PLEASE INITIAL: \_\_\_\_\_.**

**I AM AWARE THAT TRAIL RUNNING AND HIKING ARE PHYSICALLY DEMANDING, DANGEROUS, AND HAVE A RISK OF INJURY OR DEATH. I AM FULLY AWARE THAT I AM VOLUNTARILY PARTICIPATING IN THIS TRAIL RUNNING AND HIKING ACTIVITY WITH MY KNOWLEDGE OF THE INHERENT RISKS AND HAZARDS INVOLVED. I HEREBY AGREE TO ACCEPT ANY AND ALL RISKS OF INJURY, DEATH, OR PROPERTY DAMAGE.** **PLEASE INITIAL: \_\_\_\_\_.**

AS LAWFUL CONSIDERATION for the City’s and the Foundation’s permitting me to participate in this Race, **I HEREBY AGREE** that I, my heirs, distributees, guardians, legal representatives, and assigns **WILL NOT MAKE A CLAIM AGAINST, SUE, OR PROSECUTE** the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates for injury, death, or damage arising out of the negligence or other acts, howsoever caused, by the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates, as a result of my participation in this Race.

In addition, **I HEREBY RELEASE, DISCHARGE, AND AGREE TO “INDEMNIFY” (TO COMPENSATE AND TO DEFEND)** the City, the Foundation, RaceWire, and their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates from and against **ALL ACTIONS, CLAIMS, OR DEMANDS** that I, my heirs, distributees, guardians, legal representatives, or assigns now have, or may later have from today, for injury, death, or damage arising out of my participation in this Race.

**I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT TO INDEMNIFY BETWEEN MYSELF, THE CITY, THE FOUNDATION, AND RACE WIRE; AND I SIGN IT OF MY OWN FREE WILL.**

\_\_\_\_\_ By my signature below, I certify that I am eighteen (18) years of age or older.  
\_\_\_\_\_ I am under the age of eighteen (18) years. My parent/guardian has read this form with me and has completed the “Parent’s/Guardian’s Release of Liability & Indemnity Agreement” on the reverse side.

\_\_\_\_\_  
Dated \_\_\_\_\_ Participant’s Signature  
\_\_\_\_\_  
Home Address City, State, Zip Code \_\_\_\_\_ Home Telephone Number

Staff Initials \_\_\_\_\_

CITY OF GLENDALE  
COMMUNITY SERVICES & PARKS DEPARTMENT  
**2019 VERDUGO MOUNTAINS 10K TRAIL RUN & HIKE**

PARENT'S / GUARDIAN'S  
**RELEASE OF LIABILITY & INDEMNITY AGREEMENT**

I, \_\_\_\_\_, the parent/guardian of \_\_\_\_\_, acknowledge that my child has voluntarily applied to participate in the 2019 Verdugo Mountains 10K Trail Run & Hike— a race event in the Verdugo Mountains, on May 5, 2019, from 6:00 a.m. to 12:00 noon (“the Race”), co-sponsored by the City of Glendale’s Community Services & Parks Department (“the City”) and the Glendale Parks & Open Space Foundation (“the Foundation”).

I understand and agree that my child will be running and hiking in the Race, which will take place outdoors— in the Verdugo Mountains— on hiking trails, fire roads, or other “off-trail” areas which often contain steep and uneven natural surfaces. Running and hiking in those areas have risks, including (but not limited to) the risk of: falling; heat exhaustion; cold or hot weather conditions; insect or animal bites; poisonous plants; cuts and scrapes; falling rocks or trees; and collision with other runners, hikers, spectators, motor vehicles, or fixed objects. The City will offer a shuttle or van, operated by a private firm, which my child may ride to and from the finish line. I understand and acknowledge that RaceWire LLC (“RaceWire”) will time my child in the Race. I agree to provide my child with water and food, protective body clothing, and closed-toe shoes for trail running and hiking.

I represent that: (1) my child is in good physical condition and emotional health; (2) my child is not suffering from any condition, disease, or disability that can hinder or endanger my child’s participation in the Race; (3) a licensed medical doctor has examined my child, and my child is qualified to participate in trail running and hiking; (4) my child has sufficiently trained for this Race; and (5) my Child is capable of participating in the Race without accommodation.

**PLEASE INITIAL:** \_\_\_\_\_.

***I AM AWARE THAT TRAIL RUNNING AND HIKING ARE PHYSICALLY DEMANDING, DANGEROUS, AND HAVE A RISK OF INJURY OR DEATH. I AM FULLY AWARE THAT MY CHILD IS VOLUNTARILY PARTICIPATING IN THIS TRAIL RUNNING AND HIKING ACTIVITY WITH MY KNOWLEDGE OF THE INHERENT RISKS AND HAZARDS INVOLVED. I HEREBY AGREE TO ACCEPT ON MY CHILD’S BEHALF ANY AND ALL RISKS OF INJURY, DEATH, OR PROPERTY DAMAGE.*** **PLEASE INITIAL:** \_\_\_\_\_.

***AS LAWFUL CONSIDERATION for the City’s and the Foundation’s permitting my child to participate in this Race, I HEREBY AGREE that I, my child, our heirs, distributees, guardians, legal representatives, and assigns WILL NOT MAKE A CLAIM AGAINST, SUE, OR PROSECUTE the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates for injury, death, or damage arising out of the negligence or other acts, howsoever caused, by the City, the Foundation, RaceWire, or their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates, as a result of my child’s participation in this Race.***

***In addition, I HEREBY RELEASE, DISCHARGE, AND AGREE TO “INDEMNIFY” (TO COMPENSATE AND TO DEFEND) the City, the Foundation, RaceWire, and their officers, directors, contractors, agents, employees, volunteers, sponsors, or affiliates from and against ALL ACTIONS, CLAIMS, OR DEMANDS that I, my child, our heirs, distributees, guardians, legal representatives, or assigns now have, or may later have from today, for injury, death, or damage arising out of my child’s participation in this Race.***

***I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND A CONTRACT TO INDEMNIFY BETWEEN MYSELF (AND ON MY CHILD’S BEHALF) AND THE CITY, THE FOUNDATION, AND RACEWIRE; AND I SIGN IT OF MY OWN FREE WILL.***

\_\_\_\_\_  
Dated

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Home Address

\_\_\_\_\_  
City, State, Zip Code

\_\_\_\_\_  
Parent’s or Guardian’s Home/Work Telephone Number

Staff Initials \_\_\_\_\_